



**POPULATION
HEALTH TRUST**
ADVISORY COMMITTEE

Skagit County Board of Health

Peter Browning, Chair
Lisa Janicki, Commissioner
Ron Wesen, Commissioner

PHT Meeting Minutes **September 5, 2024, 8:30-10:30 am** **Chinook Meeting Room**

Members: Thomas Boucher, Patty Codd, , Bill Henkel, Leon John, Chris Johnston, Lilia Ortiz, Marueen Pettitt, Margaret Rojas, Lyndie Simmons, Claudia Avendaño-Ibarra, Dan Berard, Linden Jordan, Kevin Murphy, Mario Paredes, John Sternlicht

Community Stakeholders: Chris Baldwin, Kas Church, Polly Dubbel, Kristen Ekstran, Jennnifer Sass-Walton

Ex-Officio: Howard Leibrand

Guests:

Welcome and Agenda Review

Kristen welcomed members and invited Margaret to review the agenda for the day and to provide updates from the last steering committee meeting. Margaret shared that Steering members had discussed their approach for the 2025 CHA and the Powerful Partnership event.

Powerful Partnerships Update

Kristen shared that there were 45 people already registered for the event. She urged members to registered and to continue to share the invitation with their networks. Kristen provided members with the series of questions that will be asked of community members during the breakout sessions. This will be one of several ways to engage attendees during the event.

1. From your perspective, what else should we know about this issue?
2. What ideas do you have for addressing _____ (food security, opioids, etc.)?
3. What collective or systems-level actions could we take to have the greatest positive impact in our community to improve _____?

CHA 2025

An overview of the community health assessment (CHA) process was provided to Trust members. Kristen shared that CHAs are generally conducted every five years, that the purpose is to understand community assets and needs, and that 2025 will be Skagit's third CHA.

Highlights of the 2020-2021 CHA process were given to members,

- Used an equity lens, determined 8 target populations
- Conducted key leader interviews with members of these populations (this helped to guide data collection)
- Conducted data analysis using Data Guide for review and analysis of quantitative data collection
- Reviewed the PHT Data scorecard (indicators from previous CHA plus key indicators from previous CHIP work – opioids, maternal and child health, housing, etc.)
- Hosted key leader deep dive conversations and community forums

For the 2025 CHA, steering has suggested a “refresh” of the last CHA, reviewing the data and areas of concern identified in the 2020-2021 assessment, rather than collecting a large volume of new data. This decision was based on a few factors, one being that many of the health issues identified during the last CHA are still challenges today, another being that there are many assessments currently being conducted by other organizations. This raised concerns were raised about survey fatigue in the community.

For the upcoming CHA, steering proposed the goals below,

- DEI is specifically called out and infused in data collection, goal development and strategy identification
- Comprehensive data review will utilize partner knowledge and other current community assessments to 1) build the narrative of our community’s health, 2) fill in gaps, and 3) point toward actionable and impactful work
- Build upon current CHA and Recovery Plan to streamline process and highlight proactive and upstream approaches

For the activity portion of the meeting, Trust members were invited to provide their input on the proposed 2025 CHA approach, goals, and to offer their suggestions for ensuring that gaps and emerging trends are identified through the process. Kristen collected member suggestions and said that she and Kas would review, then share their thoughts with steering at the next meeting.

Trust member round table

Kristen offered up the final minutes of the meeting for members to share updates with the group. John shared that EDASC is currently participating in a Department of Commerce funded initiative to develop custom solutions for employer-based child care sites. Leon reminded members that they and their networks are always welcome to tour didgʷálich and learn more about the services they offer. Linden shared that PFLAG Skagit recently partnered with the corrections team for a conversation with 50 queer-identifying inmates. Lastly, Lyndie shared updates regarding trainings and events hosted by United General 304, including QPR, MHFA, and child bereavement (Rooted).

Meeting Adjourned

Kristen thanked everyone for their time and reminded them that there is no October meeting due to Powerful Partnerships being held on October 3rd. The steering committee will meet on September 9th.