



**POPULATION
HEALTH TRUST**
ADVISORY COMMITTEE

Skagit County Board of Health

Peter Browning, Chair
Ron Wesen, Commissioner
Joe Burns, Commissioner

PHT Meeting Minutes
June 4, 2026, 8:30-10:00 am

Chinook Meeting Room

Members: Thomas Boucher, Andrew Gill, Keren Gott, Bill Henkel, Jeremy Hiatt, Linden Jordan, Rachel Lucy, Maddy Mackenzie, Julie Merriam, Maureen Pettitt, Lyndie Simmonds, Dean Snider

Community Stakeholders: Chris Baldwin, Kas Church, Sarah Hinman, Monica Negrila, Neil Panlasigui

Ex-Officio: Howard Leibrand

Guests: Astha Patel, Marie Carlson

Welcome/Steering Update

Kas welcomed the group and provided an overview of the day's agenda. Bill shared updates from the most recent Steering Committee meeting. The group will shift back to a separate, one-hour monthly meeting to allow more time for planning.

CHIP Focused on Youth Wellness

Members remained supportive of a CHIP on youth wellness. To gain a greater understanding of the issue from those working directly with young people, members suggested inviting organizations to share on the topic at future meetings.

PHT members conducted an abbreviated gaps analysis to identify where work was currently happening to support youth and where more was needed, especially as it relates to area of concern. Many supports were identified for youth 12-17, with clear gaps for 3-5 and 18-21-year-olds. More work is needed to determine what truly exists in the community to support youth at these ages. This could be a question to ask organizational representatives when they attend Trust meetings.

Discussion: Older Adults

During recent meetings, concerns about the older adult population have been raised, especially around high costs for care and lack of access to medical services. While not specifically called out on the Community Health Assessment (CHA), older adults have been a priority population for the Trust.

As a next step to learn more, members suggested inviting several area organizations to share about what they are seeing in the community. Though staff capacity is limited, members discussed the possibility of raising awareness among group members, then potentially sharing the knowledge gained with the Board of Health at a future meeting. A function of the Trust is to raise awareness of health-related challenges in our

community, and this could be a way to elevate the issue. Gathering data and information from organizations working closely with the population

Adjourn

The Trust will not meet in July, so the next PHT meeting is on Thursday, August 6th.