



A Caregiver's Guide to Services: Step-by-Step from Age 15 & Up

15-16	Apply for a Washington State I.D. card. Located at 1920 S 3 rd Street, Mount Vernon, WA 98273 – PH: (360) 416-7563 WHY: A photo ID will be needed to apply for many adult services.	
16	Apply with Developmental Disabilities Administration (DDA). WHY: Case management, family support and other services to help your child maximize their independence. Long term supports for employment after age 22. Applying early helps ensure funding availability. – PH: (360) 429-3103	
17-17 ½	Consider if guardianship is necessary and determine type of guardianship. WHY: At age 18 your child becomes a legal adult and may need support making legal, medical, and vocational decisions. Consider alternatives to full guardianship. Contact Skagit County Public Health at (360) 416-1500 for resources and planning assistance.	GUARDIANSHIP and alternatives
18	Apply for low-income housing through the Housing Authority. WHY: The waitlist for housing can be long, so it's important to apply early. PH: (360) 428-1959. Learn about housing choice vouchers and project-based housing. Email info@skagitcountyha.org for more information.	
18	If your child does not receive Social Security (SS) Benefits—apply now! WHY: Your child is now an adult; parental income is no longer counted. Your child may be eligible for cash and medical benefits. There are many provisions available, that allow people with disabilities to keep benefits, including Medicare/Medicaid, while working. Your child needs to pay rent to the family to maximize SS benefits.	
18	Ask your child's DDA case manager about Personal Care funding. If your child needs help with bathing, grooming, dressing, laundry, etc. funding may be available for Personal Care. Support can be provided by either family members or a contracted provider. Contact your child's DDA Case Manager and ask about the Community First Choice (CFC) Program. PH: (360) 429-3103.	Personal Care
Senior year of High School	Fill out the Free Application for Federal Student Aid (FAFSA®). WHY: If seeking aid to attend college, this form must be filled out by March 1 of your child's senior year of high school for best consideration. www.fafsa.ed.gov	
18-22	Apply for services with the Division of Vocational Rehabilitation (DVR) WHY: This agency helps people with disabilities find, and retain, a job and understand how working affects benefits. – PH: (360) 416-7201	
18-22	Apply to the Skagit County Bridges Program. WHY: Connects students in school transition programs with adult vocational agencies to ensure an effective transition to work/adult life. Must be DDA eligible or willing to apply and will be enrolled with DVR. Call the Skagit County Transition Specialist at (360) 416-1500, or talk with your child's DDA case manager or school transition program.	
Anytime	Ask about current programs for youth through WorkSource. WHY: This is a local program that can help self-directed job seekers find employment and develop work skills. – PH: (360) 416-3600	
Anytime	Skagit Transit and Paratransit services. WHY: Learning to ride the bus helps your child to become more independent. They offer flexible alternative public transportation for people with disabilities. Ask about travel training and reduced fares. – PH: (360) 757-4433	
Anytime	Connect with Parent to Parent WHY: Assistance in connecting with resources and providing support to parents by other parents of individuals with disabilities. – PH: (360) 416-7570.	