



**POPULATION
HEALTH TRUST**
ADVISORY COMMITTEE

Board of Health
Peter Browning, Chair
Ron Wesen, Commissioner
Joe Burns, Commissioner

PHT Community Health Advisory Board Meeting Agenda

August 6, 2026

8:30-10:00

Public Health Chinook Meeting Room

8:30	Welcome/Agenda Overview	Kas
8:35	Steering Update	Thomas
8:40	Youth Wellness Panel - Jill Sprouse, Sedro-Woolley RISE - Eleven Vexler, Northwest ESD - Brandy MacFarland and Gisella Kestler, Skagit/Island Head Start	
9:40	CHIP Road Map and Literature Review	Neil
9:50	Public Health Fee Schedule Update	Monica
10:00	Wrap up, see you next time!	Kas

THANK YOU for your Collective Impact Efforts!

Meeting Norms

- Start and end on time
- Listen to learn
- Use language understandable to all
- Please focus on main topic
- Participate and show respect
- Decisions based on consensus
- Disagreements are welcome as a means to move us forward
- Be courteous to others in your use of electronic devices

Questions for Panelists:

1. What are the biggest health/mental health concerns you're seeing among the youth you serve? Have these concerns changed over the past few years? If so, how?
2. What strengths and resiliencies do you see among youth?
3. What barriers are preventing youth from getting the help they need? (e.g., cost, transportation, insurance, stigma, waitlists, language)
4. Are there emerging challenges that the community isn't paying enough attention to?
5. Which organizations do you partner with when youth need additional support?
6. Are there policies, practices, or other challenges that are impeding your work?
7. If you could improve one aspect of the community health/mental health system to support youth, what would it be?